

Welcome to Chepstow Methodist Church



A Worshipping Church
at the Heart of the
Community



www.chepstowmethodist.org.uk

Charity No. 1130776

CHURCH NOTICES - 26TH APRIL 2026

OUR MINISTER IS REV IAN GRIFFITHS

If you have any concerns, personal or church related,
please contact Ian by phone (01291 497874)
or email (rev.ian.griffiths@gmail.com)

*Please note that Friday is usually Ian's day off,
so he may not respond until he is back in the office.*



If you have anything to share with the Church Family
via these notices,
please contact Hilary Collins
by email: admin@chepstowmethodist.wales



WORSHIP ON SUNDAYS

We extend a warm welcome to ALL who join us in our Morning Worship and other services. If you are able to stay afterwards for a mug of tea/coffee (sometimes even cake!!) we would love to get to know you in a relaxed atmosphere.



This Sunday, 26th April - our **10.30am Sunday Worship** (in Church/on Zoom/recorded) will be led by Rev Anne Ellis

Next Sunday, 3rd May - our **10.30am Sunday Worship & Holy Communion** (in Church/on Zoom/recorded) will be led by Rev Ian Griffiths.

For those who prefer to worship from home, most services will also be live on Zoom (see Zoom link below), with a recording posted later on our Church website:

<https://chepstowmethodist.org.uk/keeping-in-touch/podcast-videos/>

ZOOM - you will be held in a 'Waiting Room' prior to being able to access the service. NOTE: For practical/technical reasons, we can only admit people BEFORE the Service starts.

Zoom Link: <https://zoom.us/j/96959863156?pwd=O8apr7xq1Jfb9q8yy4dolmHapB31k6.1>

Meeting ID: 969 5986 3156

Passcode: 905885

For those without the Internet, you can join the service in audio through your **phone** by dialling any of the numbers below; entering the Meeting ID followed by the # key, followed by the Passcode and once again the # key as instructed by the verbal prompts Zoom's recorded message. (Meeting ID & Passcode above)

0203 481 5237 / 0203 481 5240 / 0203 901 7895

Stewards & Assistant Stewards

Sunday 26th April	Margaret Bishop and Sandy Dickson
Sunday 3rd May	Russell Collins and Graham Williamson

**In the quietness of our hearts
we offer up prayers for those we care for:**

Rev Ian (& Tabitha) as he continues a phased return to his ministry amongst us; Sarah Foster (& Chris) as she recuperates following a recent operation.

Dear God,
This week I pray for members of my Church Family.
You know their needs like no one else knows.
You know the ones with secret pain, worries and fears.
You are also aware of the loneliness some are feeling right now.
I pray you will comfort them. Bless them and heal them everywhere they hurt. Refill them with your strength and restore their hope.

In Jesus' Name. Amen

POSTPONEMENT OF CHURCH AGM

To allow Rev Ian to have a phased return to full Minister duties, it has been decided that the Church AGM will be postponed and so will now **not** take place on Thursday 7th May.

A new date for the meeting will be announced as soon as possible.



Do you know anyone who is sick, bereaved or in need of a visit or flowers?
Or has moved to this area or Church?
If so, please contact *Kathy Griffin*



CHEPSTOW FOODBANK

In the last year, our 2 distribution centres have fed 1595 people!

The Chepstow community has always been/is very generous, enabling our foodbank to provide bags of nutritionally balanced emergency food and support to local people who are referred to us in crisis. However, alongside the food items that are generously donated, **at least £500** is being spent at Tesco **every week** to maintain satisfactory levels of stock.

We realise that food prices have risen massively but, if you are able to donate just one or two items, we would be very grateful. Food collection points are at Tesco/M&S/Lidl and there is also a box in the back foyer. Items needed:

Tinned Vegetables	Longlife Milk	Tea/Coffee
Tinned Meat	Jam/Marmalade	Fruit Juice
Tinned Fish	Cooking Sauces	Squash
Tinned Fruit	Pot/Instant Noodles	Rice
Custard /Rice Pudding		
Washing Powder	Washing Up Liquid	Toilet Paper
Shower Gel/Shampoo	Toothbrushes/Paste	Deodorant

If you have any questions/would like to find out more, please speak to *Hilary/Russell Collins, Kev Brewer, Charlie Mann, Sue/Mike Larsen* all of whom are volunteers with our foodbank.

Thank you

**Men's
Breakfast**

**Bacon Rolls,
Sausage Baps
and Croissants
& Tea/Coffee/Fruit Juice**

**Come and join us for great food
and conversations - 9.30am at CMC**

**Our next Breakfast is THIS COMING
Saturday, 2nd May**



Live more lightly on the land

What do a slice of bread, a potato, and a bunch of vegetables have in common?

They are among the most wasted foods in homes today.

In the UK every day, we throw away 24 million slices of bread and 4.4 million potatoes. Weighing in the heaviest are fresh vegetables, with 1.3 million tonnes thrown in the bin every year. The biggest driver of food waste is from us at home!

Beyond our own kitchens, globally, we throw away one-third of all food produced every year. Yet 800 million people go to bed hungry each night.

Food waste is both a hunger and a climate issue. It contributes more to climate change than flying! 6% of global emissions come from food that is never eaten – three times higher than the aviation industry.

Why does this matter for us?

If the average UK household throws away £620 worth of food every year that's money wasted and carbon in the atmosphere. When food rots in landfill, it releases methane, a greenhouse gas over 80 times more potent than CO₂ in the short term.

(taken from the Climate Stewards Carbon Fast for Lent)

The good news – if we pay attention to our food habits we can live more lightly on the land.

REFLECTION

After the generous miracle of feeding over 5,000 people, Christ instructed his disciples to gather the fragments leftover. He was both generous and frugal. There is enough food on the planet for none of us to go hungry if we share and are not wasteful.

“Jesus then took the loaves, gave thanks, and distributed to those who were seated as much as they wanted. He did the same with the fish. When they had all had enough to eat, he said to his disciples, ‘Gather the pieces that are left over. Let nothing be wasted.’ So they gathered them and filled twelve baskets with the pieces of the five barley loaves left over by those who had eaten.”

Top tips for a lighter ‘foodprint’

Avoid over buying: Plan your meals before you go shopping. This is the single biggest thing you can do to cut food waste.

Shop your kitchen: Use a recipe finder like ‘Love Food Hate Waste’ to use up what you already have.

Check dates: Know your use-by from your best-before, and use your freezer.

Get creative: Repurpose leftovers into smoothies, soups and stocks.

Meat as a treat! According to your budget: local, seasonal and organic.

**Use and support the Community Fridge in Moor Street
more details on the Church Noticeboard**

Diary Dates for Week Beginning 26th April

COME AND SING!

Come and learn a new song, called "Come, Holy Spirit", to perform in the Whitsun Service on **Sunday 24th May**.

Rehearsals continue weekly in church, **7.00pm**, until 18th May.

For more information, speak to *Janet Ellard*





WEDNESDAY FELLOWSHIP GROUP...

....next meets **THIS Wednesday, 29th April**, at **2.30pm**, when we welcome **Rev Andrew Webster** to talk about his role as **Hospital Chaplain**.

Please do join us for a time of Fellowship followed by refreshments.



	Church Cleaning - Week Beginning 27th April	Eileen & John Westlake
	Coffee Rota Sunday 3rd May	Angie Middleton & Joy Wilson

Day	Event	Time	Other Info
Sunday 26th	Morning Worship	10.30am	Led by Rev Anne Ellis
Monday 27th	Beacon Café	9.30am - 3.00pm	
	Babies & Toddlers	10.00 - 11.30am	
	Come and Sing Rehearsal	7.00pm	See Opposite
Tuesday 28th	Beacon Café	9.30am - 3.00pm	
	Babies & Toddlers	10.00 - 11.30am	
	Housegroup	10.30am	Contact Joy Wilson
Wednesday 29th	Beacon Café	9.30am - 3.00pm	
	Babies & Toddlers	10.00 - 11.30am	
	Wednesday Fellowship	2.30 - 4.00pm	See Opposite
	BB - Anchors	5.30 - 6.45pm	
	BB - Juniors	6.30 - 8.00pm	
	BB - Company Section will meet again later in the term Places available in all sections. Contact Mark Lloyd mloydabc@btinternet.com/07768160564		
	Housegroup	7.30pm	Contact Cynthia Giles
Thursday 30th	Bible Study (on Zoom) 9.30 - 10.30am https://us02web.zoom.us/ j/86905180276 Meeting ID = 869 0518 0276		Continuing studying the book of Isaiah from Ch 28 v 1 Contact Keith Town
	Warm&Cosy@CMC	10.00 - 12.00noon	
Friday 1st	Warm&Cosy@CMC	10.00 - 12.00noon	
Saturday 2nd	Men's Breakfast	9.30am	See Page 2