

Welcome to Chepstow Methodist Church



A Worshipping Church
at the Heart of the
Community



www.chepstowmethodist.org.uk

Charity No. 1130776

CHURCH NOTICES - 19TH APRIL 2026

OUR MINISTER IS REV IAN GRIFFITHS

For the time being, if you have any concerns, personal or church related, please contact Rev. Bethany Willers

07785 714647 or revbwillers@gmail.com



If you have anything to share with the Church Family via these notices, please contact Hilary Collins by email: admin@chepstowmethodist.wales



WORSHIP ON SUNDAYS

We extend a warm welcome to ALL who join us in our Morning Worship and other services. If you are able to stay afterwards for a mug of tea/coffee (sometimes even cake!!) we would love to get to know you in a relaxed atmosphere.



This Sunday, 19th April - our **10.30am Sunday Worship (in Church/on Zoom/recorded)** will be led by

Rev Preben Andersen

Also, at 5.00pm, Rev Keith Town and Beryl Quinlan will lead our **Wholeness & Healing Service (ONLY in Church)**

Next Sunday, 26th April - our **10.30am Sunday Worship (in Church/on Zoom/recorded)** will be led by Rev Ian Griffiths.

For those who prefer to worship from home, most services will also be live on Zoom (see Zoom link below), with a recording posted later on our Church website:

<https://chepstowmethodist.org.uk/keeping-in-touch/podcast-videos/>

ZOOM - you will be held in a 'Waiting Room' prior to being able to access the service. NOTE: For practical/technical reasons, we can only admit people BEFORE the Service starts.

Zoom Link: [https://zoom.us/j/96959863156?](https://zoom.us/j/96959863156?pwd=O8apr7xq1Jfb9q8yy4dolmHapB31k6.1)

[pwd=O8apr7xq1Jfb9q8yy4dolmHapB31k6.1](https://zoom.us/j/96959863156?pwd=O8apr7xq1Jfb9q8yy4dolmHapB31k6.1)

Meeting ID: 969 5986 3156

Passcode: 905885

For those without the Internet, you can join the service in audio through your **phone** by dialling any of the numbers below; entering the Meeting ID followed by the # key, followed by the Passcode and once again the # key as instructed by the verbal prompts Zoom's recorded message. (Meeting ID & Passcode above)

Stewards & Assistant Stewards

Sunday 19th April	10.30am	John Giles and Hilary Collins
	5.00pm	Stuart Nuttall
Sunday 26th April	10.30am	Margaret Bishop and Sandy Dickson

**In the quietness of our hearts
we offer up prayers for those we care for:**

We pray for the needs of our family and friends today. We all come with individual and very personal needs. Maybe nobody on earth knows about the struggles and burdens we are facing, but you know and you invite us to bring everything to you in prayer. So, we each reach out to you and we know that you are already reaching out to us. We ask you to meet our needs this day and give us the assurance that you are answering our prayers. We pray for many different kinds of physical needs, financial needs and emotional needs. Whatever they are, Lord, we bring them to you, because you can do something about them. Amen



BARBARA (BAILEY)....



..... your Church Family sends much love as you travel back to South Africa to live. We will miss you within our fellowship but wish you much happiness as you settle in your new home.



God Speed



Do you know anyone who is sick, bereaved or in need of a visit or flowers?
Or has moved to this area or Church?
If so, please contact *Kathy Griffin*

THANK YOU

We would like to express our grateful thanks to all members of CMC on the many cards, messages and gifts received on the occasion of our recent Platinum Wedding Anniversary on 14th April 2026 - in particular, the beautiful orchid and box of chocs from the church family presented via Kathy at last Sunday's service.

We are most grateful to Chepstow Methodist Church members for making us so welcome and 'part of the Church family' since our arrival here some 19 years ago - we could not have come to a better place!

With love and best wishes
Bronnie and Michael



CHURCH OUTING

An outing is being organised to **St Fagans** on **Wednesday 13th May**. This is a **FREE** trip. If you are interested in going, please **sign up** on the list on the noticeboard in the Beacon hall **by THIS coming Wednesday, 22nd April.**

If you have any questions,
please ask *Stuart Nuttall*





Live more lightly on the land

What do a slice of bread, a potato, and a bunch of vegetables have in common?

They are among the most wasted foods in homes today.

In the UK every day, we throw away 24 million slices of bread and 4.4 million potatoes. Weighing in the heaviest are fresh vegetables, with 1.3 million tonnes thrown in the bin every year. The biggest driver of food waste is from us at home!

Beyond our own kitchens, globally, we throw away one-third of all food produced every year. Yet 800 million people go to bed hungry each night.

Food waste is both a hunger and a climate issue. It contributes more to climate change than flying! 6% of global emissions come from food that is never eaten – three times higher than the aviation industry.

Why does this matter for us?

If the average UK household throws away £620 worth of food every year that's money wasted and carbon in the atmosphere. When food rots in landfill, it releases methane, a greenhouse gas over 80 times more potent than CO₂ in the short term.

(taken from the Climate Stewards Carbon Fast for Lent)

The good news – if we pay attention to our food habits we can live more lightly on the land.

REFLECTION

After the generous miracle of feeding over 5,000 people, Christ instructed his disciples to gather the fragments leftover. He was both generous and frugal. There is enough food on the planet for none of us to go hungry if we share and are not wasteful.

“Jesus then took the loaves, gave thanks, and distributed to those who were seated as much as they wanted. He did the same with the fish. When they had all had enough to eat, he said to his disciples, ‘Gather the pieces that are left over. Let nothing be wasted.’ So they gathered them and filled twelve baskets with the pieces of the five barley loaves left over by those who had eaten.”

Top tips for a lighter ‘foodprint’

Avoid over buying: Plan your meals before you go shopping. This is the single biggest thing you can do to cut food waste.

Shop your kitchen: Use a recipe finder like ‘Love Food Hate Waste’ to use up what you already have.

Check dates: Know your use-by from your best-before, and use your freezer.

Get creative: Repurpose leftovers into smoothies, soups and stocks.

Meat as a treat! According to your budget: local, seasonal and organic.

**Use and support the Community Fridge in Moor Street
more details on the Church Noticeboard**

Diary Dates for Week Beginning 19th April

WHOLENESS & HEALING SERVICE

We offer a quiet time for reflection and prayer with Communion and the opportunity for private prayer and to light a candle.

We remain seated throughout and Communion is brought out to the congregation to be taken together. Everyone welcome.

The next Wholeness & Healing Service is **THIS Sunday, 19th April, at 5.00pm**



COME AND SING!

Come and learn a new song, called "Come, Holy Spirit", to perform in the Whitsun Service on **Sunday 24th May**.



Rehearsals will be in church, **7.00pm, every week** until 18th May.

For more information, speak to *Janet Ellard*

WEDNESDAY FELLOWSHIP GROUP...

....**next** meets on **Wednesday, 29th April**, at **2.30pm**, when we welcome **Rev Andrew Webster** to talk about his role as **Hospital Chaplain**.

Please do join us for a time of Fellowship followed by refreshments.



Day	Event	Time	Other Info
Sunday 19th	Morning Worship	10.30am	Led by Rev Preben Andersen
	Wholeness & Healing	5.00pm	Led by Rev Keith Town & Beryl Quinlan
Monday 20th	Beacon Café	9.30am - 3.00pm	
	Babies & Toddlers	10.00 - 11.30am	
Tuesday 21st	Come and Sing Rehearsal	7.00pm	In church
	Beacon Café	9.30am - 3.00pm	
	Babies & Toddlers	10.00 - 11.30am	
Wednesday 22nd	Housegroup	10.30am	Contact Joy Wilson
	Beacon Café	9.30am - 3.00pm	
	Babies & Toddlers	10.00 - 11.30am	
	Housegroup	2.30 - 4.00pm	Contact Sue Larsen
	BB - Anchors	5.30 - 6.45pm	
	BB - Juniors	6.30 - 8.00pm	
BB - Company Section will meet again later in the term Places available in all sections. Contact Mark Lloyd			
	Housegroup	7.30pm	Contact Cynthia Giles
Thursday 23rd	Bible Study (on Zoom) 9.30 - 10.30am https://us02web.zoom.us/j/86905180276 Meeting ID = 869 0518 0276		Continuing studying the book of Isaiah from Ch 23 v 1 Contact Keith Town
	Warm&Cosy@CMC	10.00 - 12.00noon	
Friday 24th	Warm&Cosy@CMC	10.00 - 12.00noon	

	Church Cleaning - Week Beginning 20th April	Mair & Richard Liddell
	Coffee Rota Sunday 26th April	Margaret Harvey & Eileen Westlake